



OLIMPIC SAILS

OPTIMIST TUNING GUIDE

Model: **L-RACE**

Weight range: **>45 kg**



WIND RANGE (KNOTS)	LIGHT Wind	MEDIUM Wind	STRONG Wind
MASTFALL	282 cm	284 cm	280 cm
SPRIT	Locker	Neutral	Loose
VORLIEK	Locker	Neutral	Spannung
UNTERLIEK	Locker	Neutral	Neutral
NIEDERHOLER	Locker	Spannung	Fest
MASTBÄNSEL OBEN	2-3 mm	2 mm	1 mm
MASTBÄNSEL MITTE	3-4 mm	6-8 mm	5-6 mm
MASTBÄNSEL UNTEN	2 mm	2 mm	1 mm

EQUIPMENT SUGGESTED

MAST	Optimax MK-4
BOOM	Optimax MK-4
SPRIT	Optimax MK-3 or MK-3 Flex
DAGGERBOARD	DSK EXELIXIS or DYNAMIS



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SAIL TIES TUNING GUIDE

Model: **L-RACE**

Weight range: >45 kg

	LIGHT		FULL POWER		OVER POWER	
	MAST	BOOM	MAST	BOOM	MAST	BOOM
1	5 to 6	1 to 2	3	7	1	1
2	5	4	3	4	3	4
3	2	7	4	4	5	4
4	0-1	7	5	4	8	4
5	0-1	7	5	4	8	4
6	2	7	3	4	4	4
7	5	7	2	4	2	4
8	5 to 6	8	2	1 to 2	1	5