



OLIMPIC SAILS

OPTIMIST TUNING GUIDE

Model: **RED**

Weight range: < 38 kg



WIND RANGE (KNOTS)	LIGHT Wind	MEDIUM Wind	STRONG Wind
RAKE	279 cm	280 cm	278 cm
SPRIT	Loose	Neutral	Neutral/Tight
CUNNINGHAM	Loose Luff	Neutral Luff	Tension on Luff
OUT HAUL	Loose	Neutral	Neutral
VANG	Neutral	Neutral	Tight
TOP SAIL TIES	2-3 mm	2 mm	1 mm
MIDDLE SAIL TIES	2 mm	3 mm	4 mm
BOTTOM SAIL TIES	2 mm	2 mm	1 mm

EQUIPMENT SUGGESTED

MAST	Optimax MK-3 or MK-3 Flex (only for very light sailors)
BOOM	Optimax MK-4
SPRIT	Optimax MK-3 Flex
DAGGERBOARD	DSK FLEXIS



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	LIGHT		FULL POWER		OVER POWER	
	MAST	BOOM	MAST	BOOM	MAST	BOOM
1	5 to 6	1 to 2	4	7	1	1
2	4	4	4	4	2	4
3	2	7	4	4	2	4
4	0-1	7	5	4	2	4
5	0-1	7	5	4	2	4
6	2	7	4	4	2	4
7	4	7	4	4	2	4
8	5 to 6	8	4	1 to 2	1	5