



OLIMPIC SAILS

## OPTIMIST TUNING GUIDE

### Model: **S-Race**

Weight range: **35-41 kg**



WIND RANGE (KNOTS)	LIGHT Wind	MEDIUM Wind	STRONG Wind
<b>RAKE</b> ( Mastfall )	278 cm	280 cm	276 cm
<b>SPRIT</b>	Loose ( Locker )	Neutral	Loose
<b>CUNNINGHAM</b>	Loose Luff ( Vorliek locker )	Neutral Luff	Tension on Luff ( Spannung am Vorliek )
<b>OUT HAUL</b> ( Unterliek )	Neutral	Tight	Neutral
<b>VANG</b> ( Niederholer )	Loose	Tension on Vang ( Spannung am Niederholer )	Tight ( Fest )
<b>TOP SAIL TIES</b> ( Bänssel oben )	2-3 mm	2 mm	1 mm
<b>MIDDLE SAIL TIES</b> ( Bänssel Mitte )	3-4 mm	6-8 mm	5-6 mm
<b>BOTTOM SAIL TIES</b> ( Bänssel unten )	2 mm	2 mm	1 mm

#### EQUIPMENT SUGGESTED

<b>MAST</b>	Optimax MK-3 or <b>MK-3 Flex (only for very light sailors)</b>
<b>BOOM</b>	Optimax MK-4
<b>SPRIT</b>	Optimax MK-3 Flex
<b>DAGGERBOARD</b>	DSK FLEXIS



OLIMPIC SAILS

## SAIL TIES TUNING GUIDE

### Model: S-Race

Weight range: 35-41 kg



	LIGHT		FULL POWER		OVER POWER	
	MAST	BOOM	MAST	BOOM	MAST	BOOM
1	5 to 6	1 to 2	4	7	1	1
2	4	4	4	4	2	4
3	2	7	4	4	2	4
4	0-1	7	5	4	2	4
5	0-1	7	5	4	2	4
6	2	7	4	4	2	4
7	4	7	4	4	2	4
8	5 to 6	8	4	1 to 2	1	5