



OLIMPIC SAILS

OPTIMIST TUNING GUIDE

Model: XS-Race

Weight range: <34 kg



WIND RANGE (KNOTS)	LIGHT Wind	MEDIUM Wind	STRONG Wind
RAKE (Mastfall)	281 cm	283 cm	279 cm
SPRIT	Loose (Locker)	Neutral	Loose
CUNNINGHAM	Neutral Luff (Vorliek)	Neutral Luff	Tension on Luff (Spannung am Vorliek)
OUT HAUL (Unterliek)	Loose	Neutral	Tight
VANG (Niederholer)	Neutral	Tension on Vang (Spannung am Niederholer)	Tight (Fest)
TOP SAIL TIES (Bänssel oben)	3-4 mm	2 mm	0 mm
MIDDLE SAIL TIES (Bänssel Mitte)	3-4 mm	1-2 mm	0-1 mm
BOTTOM SAIL TIES (Bänssel unten)	2 mm	2 mm	1 mm

EQUIPMENT SUGGESTED

MAST	Optimax MK-3 o MK-3 Flex
BOOM	Optimax MK-3 o MK-4
SPRIT	Optimax MK-3 or MK-3 Flex
DAGGERBOARD	DSK FLEXIS or EXELIXIS



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	LIGHT		FULL POWER		OVER POWER	
	MAST	BOOM	MAST	BOOM	MAST	BOOM
1	4	2	2	0	0	0
2	3	7	3	6	1	5
3	3	7	2	6	2	5
4	4	7	1	6	2	5
5	4	7	1	6	2	5
6	3	7	2	6	2	5
7	3	7	3	6	1	5
8	2	5	1	4	0	2